



FUQUA CENTER FOR  
LATE-LIFE DEPRESSION

## Caregiver Resources



### Healthy Caregiver

[www.healthycaregiver.com](http://www.healthycaregiver.com)

The Healthy Caregiver is a quarterly resource publication dedicated to improving the overall well-being of America's family caregivers and professional elder care service providers. It addresses the social, physical and economic issues that naturally emanate from the elder care relationships.



### Well Spouse

[www.wellspouse.org](http://www.wellspouse.org)

Well Spouse is a national, not-for-profit membership organization which gives support to wives, husbands, and partners of the chronically ill, aged and /or disabled.



### National Family Caregivers Association (NCFCA)

[www.nfcacares.org](http://www.nfcacares.org)

NFCA is a grass roots organization created to educate, support, empower and speak up for the millions of Americans who care for chronically ill, aged or disabled loved ones.



### Family Caregivers Alliance

[www.caregiver.org](http://www.caregiver.org)

The Family Caregivers Resource Center has practical, hands-on information for caregivers to assist in care, planning, stress relief and locating and using community resources.



### American Association for Retired Persons (AARP)

[www.aarp.org](http://www.aarp.org)

AARP offers information for the caregiver on what you should know, Community Services, Health Care, Help for Caregivers, Linking with Community Services and more.



### Dept of Health and Human Services Administration on Aging

<http://www.aoa.gov/prof/aoaprogram/caregiver/caregiver.asp>

Provides caregiver fact sheets, tip sheets and more.



### Rosalynn Carter Institute for Caregiving

<http://www.rosalynncarter.org/>

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